

Staying at Home During COVID-19: Resources for Survivors of Abuse

18th Judicial District Attorney's Office

Douglas County



Risks and Risk Factors:



You need medical attention but don't want to go to the emergency room or call 911 because you might be exposed to the coronavirus.



You need to leave an abusive situation at home but there are stay-at-home orders in place in our community and throughout our state.



An abused or neglected child may be isolated; teachers, counselors, & day-care providers aren't seeing kids so incidents of child abuse or neglect might not be reported.



Care for an older or disabled adult might be reduced or withdrawn altogether, leaving these individuals more vulnerable to abuse or neglect.

We can all learn to recognize warning signs of abuse or neglect:



- Signs of physical injury and no logical explanation
- Unexplained behavior changes
- Fear or reluctance to talk in front of a parent, family member, or caregiver
- Inadequate care or supervision, poor hygiene, dirty clothes or homes, lack of food for children or at-risk individuals
- Use of fear surrounding COVID-19 to manipulate behavior, demean or blame an individual, gain control over finances, or cut off contact with loved ones
- Increased stress due to COVID-19, stay-at-home orders, and economic uncertainty

What to Do:

Call 911 if you or someone at home is in immediate danger.

Seek help now if you or someone at home needs medical attention or a safe place to stay.



- Medical and EMS personnel, emergency rooms, and urgent care providers are available and modifying their operations and practices to limit potential exposure to the virus.
- **Call if you need a safe place to stay, counseling, or support.** Local domestic violence shelters are operating, and crisis lines continue to offer confidential 24-hour support. Chat online or email if you can't call from home:

Family Tree – Domestic Violence Services

24-hour Hotline: 303-420-6752

Online: <https://www.thefamilytree.org/domestic-violence-services>

Latina Safehouse:

24-hour Hotline: 303-444-2424

Online: <https://latinasafehouse.org/>

The Initiative (specifically serves those with disabilities)

Call for Intake: 303-839-5510

Online: <https://theinitiativecolorado.org/contact>

The Crisis Center

24-hour Hotline: 303-688-8484

Online: <http://thecrisiscenter.org/>

National Domestic Violence Hotline:

1-800-799-SAFE (7233)

- **To report child abuse or neglect, contact:**

National Hotline: 1-844-CO-4-KIDS

Douglas County Department of Human Services

24-Hour Hotline: 303-663-6270

Non-Emergency Line: 303-688-4825

<https://www.douglas.co.us/community/protective-services/child-protective-services/>

- **Help for older adults, people with disabilities and their caregivers:**

Douglas County Department of Human Services

24-Hour Hotline: 303-663-6270

Non-Emergency Line: 303-688-4825

<https://www.douglas.co.us/community/protective-services/adult-protective-services/>



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